

goods are at a premium. Warm winter clothing can hardly be procured by the poor, especially by the brave men who have given up everything to fight for their beloved country. Such poor fellows have lost all they ever possessed in this world, and their clothes are in tatters. Anyway, let us try and do something to help them, even if it be little. We will gather some definite information on the subject, and then make an appeal for help. We can all

suggested; "but don't give up buying those delectable pats, which your friends find so refreshing, because some worker will suffer if you do—but send the *savon de luxe* for the use of the wounded—they simply love it—and use yellow soap yourself." Nothing could be more distasteful to this one-time sybarite, but she is doing it.

The principle upon which to act in these hard times, is to exercise self-denial in your giving.



Dr. Murray Leslie.  
Miss McKinnon.

Miss R. Hendrie.

Miss Bennett.  
Miss Mitchell (Supervisor).

Mrs. Horan.  
Miss Simpson.

Mrs. Murray.

spare just something more, if we are content to deny ourselves some little indulgence.

One little woman said to us recently, "I have been racking my brains to see what more I can give up. I have had my boots soled and heeled. What do you suggest?"

"What do you say to yellow soap?" we

We feel sure members of the French Flag Corps will often enjoy this privilege in the performance of their arduous duties. Let it be *savon de luxe* for patients, and common "yellow" for self.

Gifts made in this spirit will not only benefit the recipient, but the giver.

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